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SUNDAY MESSAGE

Three Prescriptions to Quiet your Restless Soul

1. Learn how to Humble Yourself before GOD (v1)

1 O Lord, my heart is not lifted up; my eyes are not raised too high; I do not occupy myself with things too great and too marvelous for me.

2. Learn to Hush before GOD (v2)

2 But I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me.

3. Learn to Hope in GOD (v3)

3 O Israel, hope in the Lord from this time forth and forevermore.

Oh, magnify the LORD with me, and let us exalt His name together!" PSALM 34:3 ESV

9-10:30AM
IN-PERSON SERVICE
SUNDAY



100 RESERVED SEATS are available. <u>RESERVATION</u> is required. Enlistment is necessary for capacity management & health safety protocols.



Slots are on a 1STTEXT-1STSERVED basis. FACE MASKS & SHIELDS are a must. **BOOK A SEAT FOR EACH SUNDAY** @ 0922-246-1282 | 0915-703-3042





NEW VIDEOS ARE POSTED <u>EACH</u> SUNDAY ON OUR FACEBOOK GROUP. VISIT US @ GCFEast Sunday School!!!





We invite our YA LADIES to join our virtual BIBLE STUDY on the BOOK of JOHN, SATURDAYS 2PM via Zoom.

For more info, please SMS or Viber: Lei 09169120413 • Cindy 09271638707

IN-PERSON IVID WEEK SERVICE WEDNESDAYS • 5:30-7:00PM







For your PRAISE & PRAYER items, **SMS 0917-826-6882**



With thanksgiving and praise for our HEAVENLY FATHER's faithfulness and goodness, today's flowers are in celebration of VERNON & SHIELA MOJADO's 22nd wedding anniversary. CONGRATULATIONS!



2021 S.A.H.A CAR STICKERS

Available for P150. KINDLY LOOK FOR **DEACON DENNIS EDU.**