

Greenhills Christian Fellowship East

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24 MAY 2020

Call to Worship

Opening Prayer & Songs of Praise Ministry Announcements Family Prayer Exhortation in the Word Scripture Reading & Message THE BLESSINGS OF BEING CONTENT Psalm 131: 1-3

Rev. Erwin Quimboy

Offering Closing Prayer & Benediction Closing Song



- ONLINE thru GCF East PAYPAL Account at gcf-east.org/give/ in our church website
- 3. COLLECT your Family Offering, SAVE and BRING it to GCF East when you are able

MESSAGE

The Blessings of Being Content Psalm 131: 1-3 (Living Out The Psalms)	
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IS AND LIFTE DU	MARTEL WITH THOM
WY FYS ZEE NOT	TO GERET AND THOM
AUSED TOO HIGH	MARYELOUS FOR HE
PSocIbm 131	PSeculin 131
BIT HAV GAMED AND QUETED MY SOUL	O LEGALE, HOPE IN THE LORD
LIKE A WARRD CHILD WITH ITS MOTHER	FROM THIS THAT FORTH
LIKE A WARRD CHILD IS MY SOUL WITHIN ME	AND FORTHERMORE
PSacIbn 131	PSecUn 131

The Product of Contentment (v1) 1 O Lord, my heart is not lifted up;

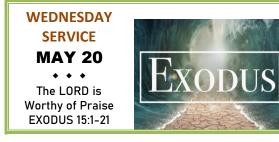
my eyes are not raised too high; I do not occupy myself with things too great and too marvelous for me.

> The Pursuit of Contentment (v2)

2 But I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me.

The Process of Contentment (v3) 3 O Israel, hope in the Lord

from this time forth and forevermore.



FROM THE PASTOR

Peace and love to all of you, Dear Brethren!

We pray that you are all safe and are being responsible in keeping yourselves, your family and others safe from this dreaded Corona Virus (COVID-19). We are confident that our Sovereign GOD is in control, but we still do our part as lawabiding citizens.

On that note, since the government has moved our status from Enhanced Community Quarantine (ECQ) to General Community Quarantine (GCQ), we are informing the brethren that our office staff will start reporting 3x a week. We have all been working at home to serve you, but with the shift to GCQ we will be having a 3-day work week (Wednesday, Friday, Saturday) from 9AM-4PM and will continue to WFH on other days.

Effective **MAY 27**, our Church Staff will start reporting but will comply with quarantine mandates like physical distancing, wearing of face masks, regular washing of hands and the like.

If you, our Brethren have plans to visit, we encourage you to limit the visit to <u>drop offs/pick</u> <u>ups</u> for us to comply with GCQ mandates. Those who wish to speak to any of the pastoral staff are encouraged to do it via phone or video call. While we long to be with all of you, we care for all of you too much to take risks.

But we praise the Lord for opportunities to slowly see you and talk to you. Let us continue to be praying and let us continue to be living out our call to be ambassadors of Christ.



T.A.P. MINISTRY **Text And Pray**

For your PRAISE & PRAYER items, SMS 0917-826-6882.